

WHAT SHOULD I PACK FOR CAMP?

The following is a suggested list of items that you may wish to include and also a list of the items we request that you leave at home. Please insure that everything is well marked with your name and possibly telephone number.

You can go on our website (www.riversedgecamp.org) to purchase labels from Lovable Labels if you'd like. Twenty percent of your purchase will be given to River's Edge camp for programming and camper sponsorship.

- Several sets of camp clothing (please don't bring expensive or "don't-you-dare-ruin this" clothing!!)
- Warm clothing for the evening
- Sleeping bag/blanket/pillow
- Pajamas
- Swimsuit/towel
- Rain gear (boots would be helpful and can be used for horseback riding)
- Toiletries (including soap, shampoo, towel, toothbrush, toothpaste, comb, deodorant)
- Mosquito repellent
- Sunscreen and Hat
- Bible (if you have one)
- Money for Tuck Shop
- Medication (**please send prescription medications in blister pack from the pharmacy. For more information go to <http://www.rexall.ca/Pharmacy Counter/Blister Pack.aspx> or ask your pharmacist.**)



Please, please, please **Leave at Home:**

- Radios
- CD/tape players/discman/walkman/MP3 players/i-pods ETC
- Magazines
- Knives/weapons
- Portable electronic games
- Cell phones
- Pagers
- Cigarettes/alcohol/non-prescription drugs
- Any other "don't-you-dare-ruin this" items